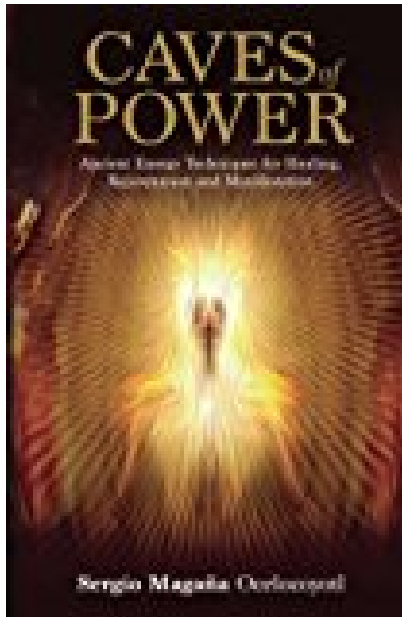


Caves of Power Ancient Energy Techniques for Healing Rejuvenation and Manifestation



BOOK DETAILS

- Author : Sergio Magaña
- Pages : 224 Pages
- Publisher : Hay House, Inc.
- Language : English
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BOOK SYNOPSIS

Many people across the world today are looking for their true selves. The ancient Mexicans viewed this true self as the 'caves', which referred to our spirit, instincts and subconscious. According to the Mexican tradition, we have seven caves of power, which are equivalent to the chakras, and healing these caves allows us to improve all areas of our lives. In *The Caves of Power*, world-renowned Mexican healer Sergio Magaña unveils this almost lost and secret knowledge of the ancient Mexicans. He shares powerful practices for healing, rejuvenation, manifestation and enlightenment, which include: Mexican numerology, astral surgery, dream work, Mexican acupuncture, energy spinning and Mexican Kundalini techniques. This unique and powerful book brings a new approach to an ancient tradition to bring healing and resolution to our most important issues: health, emotions, abundance and enlightenment.

CAVES OF POWER ANCIENT ENERGY TECHNIQUES FOR HEALING

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